

## Immersion and Practice of Chinese Traditional Culture in Higher Vocational Humanistic Quality Education

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**Abstract:** In the long corridor of history, the Chinese nation has written a splendid civilization and left countless cultural treasures. Higher vocational colleges shoulder the responsibility of teaching and educating, preserving and developing the traditional culture. General secretary xi jinping has said that the revitalization of the country and the nation should be based on the prosperity of culture. Chinese excellent traditional culture has a strong guiding and educational effect on the formation of students' ideology in the world outlook, values and outlook on life. This article in view of the Chinese excellent traditional culture and higher vocational humanistic quality education how to carry on the analysis, combined with the STS and support theory, on the basis of understanding the development of vocational humanistic quality education, the narrative of Chinese excellent traditional culture of great value, and the significance of vocational humanistic quality education integration, then puts forward the Chinese excellent traditional culture and an effective way of humanism quality education in higher vocational fusion, including the renewal education idea, strengthening the construction of education team strength, reshape the curriculum system, using the modern education technology and resources to create new media platforms such as traditional culture, The aim is to give full play to the influence of Chinese traditional culture in the process of carrying out humanistic quality education in higher vocational colleges.

### 1.Introduction

As an important part of China's education system, higher vocational education undertakes the task of cultivating vocational and technical talents for economic and social development and construction. It is obviously different from the content of academic education, and it pays more attention to technical training than to the general characteristics of humanistic education in current higher vocational education [1]. Education is to teach people to be human and to do things. Professional knowledge and humanistic education are indispensable teaching contents [2]. Humanistic quality education should be people-oriented, student-oriented, build a curriculum system around students' subjectivity, provide rich and colorful humanistic quality activities, and create a strong humanistic learning atmosphere [3]. Touching culture with culture and modern education with Chinese tradition is an appropriate measure to inherit and promote excellent Chinese traditional culture and train high-quality professional and technical talents in the new era [4]. The Chinese traditional culture has a long history, extensive and profound. Thousands of years of continuous Chinese history have created a deep and rich Chinese culture [5]. The fine traditional Chinese culture is the spiritual soul of the Chinese nation, the important source of building the core socialist values, and the cultural soil for educating the Chinese people to nourish the spiritual strength of the Chinese people. The traditional culture is far away from us and very close to us. Along the way from the long history, it has quietly penetrated into our daily life, nourishing and dyeing people's hearts [6]. For students, the influence of traditional culture is gradually influenced by osmosis. Traditional cultural education is very important to enhance students' humanistic quality, optimize their cultural aesthetic ability, and cultivate senior professional and technical talents with knowledge, morality and ability [7]. Chinese excellent traditional culture contains abundant moral

culture connotation, higher vocational colleges is the professional and technical personnel group carries forward the excellent traditional culture important carrier, teachers in higher vocational colleges should take the role of promotion and practice of Chinese excellent traditional culture, the Chinese nation excellent traditional culture contain the humanities spirit into the teaching of [8-9]. Since the beginning of the new century, in order to accelerate the creative transformation and development of the excellent traditional Chinese culture and continuously improve the cultural confidence of socialism with Chinese characteristics, the organization department of the central committee and the publicity department of the central committee have called for activities on "carrying forward the excellent traditional culture and striving for a happy new life" [10]. In response to the call, various higher vocational colleges have also taken a series of actions, including the introduction of traditional cultural teaching talents, to update the composition of the teaching team; Offering courses on traditional culture for students to choose; Carry out activities of traditional culture on campus [11]. However, the current results are not satisfactory. Many traditional culture-related courses only have their names, most of the relevant teachers are also part-time, and cultural activities are even neglected [12]. In recent years, the openness of the country has increased unprecedentedly, and the emergence of the Internet has turned the world into a global village within reach [13]. On network express various cultural ideological trend of western society into our country, social ideas and culture on mutual reaction, make people's ideology and culture become chaotic complex, ideas active, worship things, the bad habits of beauty from the traditional culture of living space, attaches great importance to the protection and inheritance of Chinese traditional culture is the topic of [14]. Higher vocational students' ideology has just set up soon, fragile, to accept different kinds of new ideas and new thoughts ability strong, vulnerable to the influence of western culture, ignore the Chinese excellent culture, therefore, in the higher vocational humanistic education for the practice of the Chinese excellent traditional culture must be as the cause of education is an important task to finish [15].

## **2.Method**

### **2.1STS Theory**

STS theory refers to science, technology and society. The basic idea of this theory is to consider the application of science and technology and social development as a whole, and to search for teaching methods that organically integrate humanistic quality and scientific quality. For the exploration of STS education started in the sixties and seventies of the western world, the development of economy, the progress of science and technology, to improve people's life quality has brought a series of problems at the same time, the education experts to realize that education can not only the pursuit of individual cognitive development, mastery of knowledge and to use, more need to cultivate people's cognition, emotion, thought and attitude to the general improvement of inner quality. Teaching is not a one-way activity. The sts-style teaching philosophy emphasizes the investigation and learning of science and technology under a certain social and cultural background in teaching, and the integration of science and social and cultural knowledge outside the teaching classroom and curriculum system, so as to improve students' humanistic quality while cultivating their scientific knowledge. The educational content of STS shows an obvious tendency of comprehensive and multi-dimensional development, including three dimensions of understanding, individual and sociology. The fundamental task is to pursue the consistent improvement of scientific and humanistic quality in a harmonious and unified way of cognition, emotion and technology.

### **2.2 Scaffold Theory**

Scaffolding theory comes from the famous psychologist vygotsky's theory of "zone of proximal development". Based on this idea, constructionists use scaffolding commonly used in the construction industry as a conceptual framework. The theory of scaffolding refers to that teachers or other more experienced learning partners assist students in different stages of mastering knowledge. It can be seen that this theory has obvious instrumental rational thinking in methodology and strong

operability, which plays a special role in improving classroom teaching efficiency. From the perspective of scaffold theory, this framework can help students to understand the problem more deeply, but its premise is to break down the complex learning tasks, so as to guide students to understand the knowledge step by step. The concept of pedagogy holds that every student is an independent individual, and the development of cognitive thinking of students in the same body development stage is not to the same extent, and the development of the same student itself has two cognitive thinking development areas, namely the existing level and the potential level. Scaffolding teaching mode, teachers need to give play to the role of communication in the form of regular language infection at the same time, pay attention to the language teaching of the wonderful effect, pay attention to students' psychological activities, from the students' learning attitude and job completion and wearing status of student learning, appropriate use of multimedia teaching means, such as the PPT show, live online, watch movies, etc, create a realistic learning environment for students to guide students interested in humanity quality and thinking. In the process of teaching, first of all, we should build a handstand, and build a conceptual framework to adapt to the students' main body around the teaching theme. Secondly, through plot imagination, students are brought into specific problem images to stimulate their thirst for knowledge. After that, students are arranged to actively think by themselves and seek the answers to the puzzles. In this procedure, teachers can see the right time and offer certain hints. Finally, let students carry out group communication and discussion, collaborative learning can bring students a unique thinking experience, each other feel and learn other people's way of thinking, finally form a comprehensive and correct understanding of the concept of knowledge, complete the final knowledge construction.

### **3. Higher Vocational Humanistic Quality Education Combined with Traditional Culture Curriculum Experiment**

The primary purpose of this experiment is to design curriculum content that is time-sensitive, targeted and can meet the psychological needs of vocational college students. Through questionnaire survey and structured interview with vocational college students, students' cultural intention can be understood and experimental course content can be arranged. (1) database construction The database collects data from the Internet on teaching plans, types of traditional culture courses and students' intentions. After collecting relevant content with crawler technology, the repetitive content is screened and sorted manually, and the monotonous text data is transformed into vivid pictures and videos, providing sufficient materials for teachers to make lesson plans. (2) course experiment process Teachers to extract the database for middle school students in the traditional culture course intention survey data, and related analysis based on the results of the analysis to choose the most fit students intention form of Chinese traditional culture, such as the analysis results show that the students be fond of strong interaction engagement, atmosphere relaxed and happy, can in the outdoor places of course, teachers choose bamboo dance after comprehensive above conditions most carrier, invite professional dancers to participate in the local folk culture performance center, to provide professional guidance to students, make students feel the charm of traditional culture in the music atmosphere, and through the group dancing competition let the students understand the importance of team work.

## **4. Discuss**

### **4.1 The practice path of Chinese traditional culture in higher vocational humanistic quality education**

Update the educational philosophy. Humanistic quality education requires the implementation of humanism to purify students' thoughts, improve students' character and promote their comprehensive development. Higher vocational colleges should set up the educational concept of cultivating talents by virtue and put the all-round development view of talents into the personnel training mechanism. Change the original single vocational education idea, set up the teaching is

consistent with the protection of ethnic culture career concept, build vocational skills and humanistic quality education with the combination of talent development mechanism, combined with market demand and time required to build talent education system, strengthen the students' scientific and cultural quality education and ideological and moral education, promote the all-round development of students, paying attention to culture students' the good spirit and quality, and improve the students' autonomous learning of traditional excellent culture. We will strengthen the strength of the educational contingent. Teachers are students climb the peak of life guidance, guidance, it puts forward higher requirements to teachers' own quality, to give full play to the role of the traditional culture in the humanities quality education must be expanded education team power construction, on the one hand, to introduce the mastery of professional knowledge, professional excellent full-time teacher, another aspect to call social multivariate main body participation, joint association of traditional folk culture, regional culture activities, etc will be extremely has the vitality of traditional culture into the campus, blossom classroom, let students in close contact, more real and traditional culture, to feel the charm of traditional culture. The types of participants and the types of participants are shown in table 1.

Table 1. Statistical table of participants and activity forms of the education team

Participate in the main body	Participate in the way	Participate in the number of	Activity form
School	Host	5	Sitcom competition
Cultural association	Invited	3	Bamboo dance
Folk artists	Invited	2	Huangmei opera
Museum	Invited	1	Paper-cut exhibition

Reshape the curriculum. Higher vocational colleges should optimize the classroom setting and set up the course of "Chinese excellent traditional culture" so as to expand the way of humanistic quality education and utilize the function of Chinese excellent traditional culture resources. In the actual teaching process, teachers should not only penetrate the excellent traditional Chinese culture, but also display some cultural achievements contained in the excellent traditional Chinese culture. To get rid of the monotonous single transmission teaching form and enrich the classroom activities of traditional culture, teachers should deeply analyze the significance and characteristics of traditional culture teaching, formulate rich classroom activities of traditional culture, and enhance the fun of the classroom. The school regularly holds "Chinese excellent traditional culture knowledge" campus activities, carries out the traditional culture into the campus and so on, enhances the interaction between students and the traditional culture. The investigation of various activities that students want to carry out is shown in figure 1.

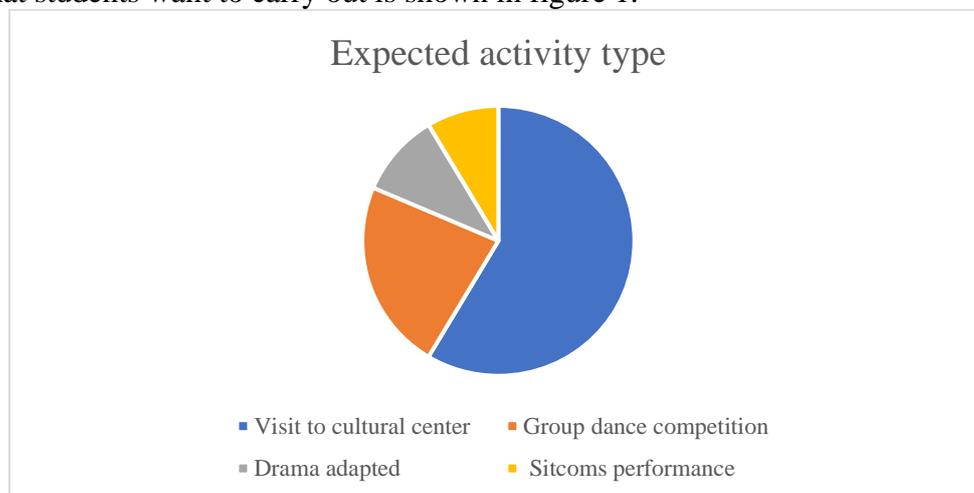


Figure 1. Survey of intention to participate in activities

## 5. Conclusion

The excellent traditional Chinese culture has humanistic and ideological characteristics, so it can provide rich soil for humanistic quality education, train students' good thinking form and help them set up correct values. In short, will eventually took to the society, higher vocational students into the post, we have to accept the education of higher vocational students stage, penetrate into the essence of the traditional culture of our country, strengthen the humanistic quality education, cultivate the students' bear awareness and social responsibility, to shoulder the important task of building the motherland, contributes own strength for the country's rich and powerful.

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